ORIENTATION: DAY 1

KEEP IT LIGHT, BUILD RAPPORT
ORIENTATION: DAY 1

EXPLORATION
ORIENTATION: DAY 1

ACADEMIC INFORMATION
ORIENTATION: DAY 1

HIGH SCHOOL vs. COLLEGE
HOW MANY CLASSES TAKEN IN ONE SEMESTER?

HIGH SCHOOL: 6-8

COLLEGE: 4-5
LESS CLASSES!
How many hours spent in class per week?

High School: 30-35ish

College: 15ish
MORE FREE TIME!
HOW MANY HOURS SPENT ON HOMEWORK **PER WEEK?**

**HIGH SCHOOL:** 0-10ish

**COLLEGE:** 30-45ish
MORE HOMEWORK 😞
ORIENTATION: DAY 2

INDIVIDUAL MEETINGS
INTERESTS: WHAT & WHY?
ORIENTATION: DAY 2

CREDITS & REQUIREMENTS
BUILD SCHEDULE
EVERY STUDENT MATCHED WITH AN ADVISOR
3 REQUIRED MEETINGS WITH ADVISOR
EMAIL
first.last@uconn.edu

PHONE
860-486-1788

APPOINTMENTS
aces.uconn.edu

WALK-IN HOURS
M-F 9am-noon and 1pm-4pm
WHO WE SERVE
DECIDED
PRE-PROFESSIONAL
EXPLORATORY
PHARMACY
EDUCATION
BUSINESS
ENGINEERING
FINE ARTS
EXPLORATORY
“Identify one word that best describes your thoughts/feelings on the process of choosing a major.”

57% of students chose a “negative” word: (anxious, stressful, scary, difficult, confusing, etc)
WHAT IS SO STRESSFUL ABOUT CHOOSING A MAJOR?

“By choosing a major, I’m choosing what I’m going to be doing for the rest of my life!”
1. Declare final major during 5\textsuperscript{th} semester = 84\%
2. Declare final major during 4\textsuperscript{th} semester = 83\%
3. Declare final major during 3\textsuperscript{rd} semester = 83\%
4. Declare final major during 2\textsuperscript{nd} semester = 82\%
5. Declare final major during 1\textsuperscript{st} semester = 79\%
6. Enter college with declared major = 78\%
GRADUATING ON TIME

Students who declare their final major as late as their 5th semester graduate in 4 years.

2016 study by the Educational Advisor Board
“Student’s interests grow and change during college, as shown by the large numbers who switch majors. **Students who take the time to explore are most likely to choose a major that aligns with their interests.** They are less likely to become dissatisfied and lose motivation. Studies have shown that students with interests closely aligned with their field of study perform better academically and are more likely to graduate on time.”

2016 study by the Educational Advisor Board
TAKE THE TIME TO EXPLORE
THE MAJOR EXPERIENCE

tme.uconn.edu